

# AGENDA

## Warren and Washington Counties Community Services Boards

Council for Prevention, Inc.

10 La Cross Street

Hudson Falls, NY 12839

**February 12, 2015**

- Call to Order
- Approval of Minutes of the December 11, 2014 joint meetings of the Community Services Boards
- Approval of Minutes of the January 8, 2015 Organizational and joint meetings of the Community Services Boards
  - ✓ County Disaster Mental Health Children and Youth “Go Kits”  
---Kathryn Cramer - County Disaster Mental Health Team member
- Presentation:
  - ✓ Council for Prevention, Inc.. – David Saffer, Executive Director  
---Agency programs and services overview
- New Business:
  - ✓ Warren County Community Services Board Member Nominations  
--Holly Irion-Sweet, LMHC, Counselor, SUNY Adirondack
  - ✓ Request to increase the Warren County 2015 budget and contract for Community, Work and Independence, Inc. (CWI) by \$6,516.00, (100% State Aid – NYS OMH)
  - ✓ Request to increase the Washington County 2015 budget and contract for Community, Work and Independence, Inc. (CWI) by \$6,516.00, (100% State Aid – NYS OMH)
  - ✓ 2015 Budget & Contract Amendments – 2% Direct Care COLA
- Informational
  - ✓ Board Member Code of Ethics Forms
  - ✓ 2015 Goals/2014 Accomplishments
  - ✓ 2015- 2016 Executive Budget Proposal
  - ✓ PEOPLE, Inc. peer services update
  - ✓ Additional items
- Adjournment

The next Community Services Boards meeting will be held on March 12, 2015 at 3p, location TBD.

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**Warren County**

**Present:** Kimberly Brayton, Ph.D., Chair; James Dexter; Michael Homenick, Ph.D.; Maureen Schmidt; Holly Irion-Sweet

**Excused:** Joan Grishkot, Vice Chair; Barbara Boggia; Lu Thomas-Cosgrove

**Washington County**

**Present:** Rick Demers, Chair; Patti Hunt; Christina Bessen, Vice-Chair; Tammy DeLorme; Kathy Flanagan; Michele Burke;

**Excused:** Kris Freitag; Samuel Hall; Robert Miles

**Staff:** Harry Carlson; Lisa Coutu; Cynthia Wasson; Megan Johnson; Robert York

**Guests:** Kathryn Cramer; Stephen Traver

| Agenda Item                        | Outcome  | Action   |
|------------------------------------|--|--|
| <b>Call to order</b>               | A quorum for each County CSB was confirmed and the February Meeting of the Community Services Boards was convened. K. Brayton, Warren Co. chaired the meeting. | Meeting called to order at 3:10p by K. Brayton   |
| <b>Approval of Meeting Minutes</b> | Minutes of the January 8, 2015 CSB meeting were presented for approval.  | <p>Motion: J. Dexter          Warren<br/> Second: M. Schmidt<br/> Abstentions: None<br/> Motion carried with unanimous vote</p> <p>Motion: P. Hunt          Wash.<br/> Second: T. DeLorme<br/> Abstentions: None<br/> Motion carried with unanimous vote</p> |
| <b>Approval of Meeting Minutes</b> | Minutes of the December 11, 2014 CSB meeting were not distributed to the Boards in adequate time for review.   | <p>Motion: J. Dexter          Warren<br/> Second: M. Schmidt<br/> Abstentions: None<br/> Motion carried with unanimous vote</p> <p>Motion: T. DeLorme          Wash.<br/> Second: M. Burke</p>   |

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|----------------------------|---|---|
|                            |   | Abstentions: None<br>Motion carried with unanimous vote |
| <b><u>Presentation</u></b> | Kathryn Cramer – Disaster Mental Health Team gave a presentation of the “Go” Kit that she put together for the team.<br><br>R. York presented Kathryn a Letter of Appreciation for the time and materials she put into the “Go” kit.  |   |
| <b><u>Presentation</u></b> | Council for Prevention, Inc., David Saffer gave a brief overview of the various activities/services they are involved in. Mr. Saffer stated they surveyed all 18 schools plus BOCES and they are in the process of doing the analysis from 8,000 surveys from kids in 6 <sup>th</sup> – 12 <sup>th</sup> grade on where they see themselves, peers and parents on substance abuse, miss use or non use. The results should be completed in 2 months.<br><br>They continue to provide school based prevention services where they provide educators in 9 of the 12 school districts in Warren and Washington Counties.<br><br>They are coordinating SADD and Natural Helpers programs that are in 10 schools. They just finished a SADD conference this am for 110 kids.<br><br>They are coordinating a suicide prevention coalition program that holds monthly meetings at CFP.<br><br>The Challenge program in correlation with the Center for Recovery continues to grow. It has made a remarkable change in many adolescents’ lives. This is a treatment program that has operated on 4 month cycles for the last 7 years.<br><br>Dave S. states they would like to develop an opiate diversion program and are looking for funds from Betty Little. This will help keep people out of jail. |   |

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|   | <p>They are involved with school forums and have had request to conduct more with focus on Heroin/Opioid issues. Three top substances of choice are number 1, Alcohol, 2, Marijuana 3, Inhalants and 4, opiates specifically Heroin is becoming a major issue in schools.</p> <p>Because of the local Heroin epidemic the Hometown vs. Heroin Addiction Coalition was formed. They have had an impact on the community with various projects.</p> <p>CFP staff has been trained in Adolescent first Aid, and SAFE Talk which is a suicide prevention program.</p> <p>They continue to look for alternative ways to get anti-bullying message out. They have started anti-bullying programs in Glens Falls, Whitehall, Fort Ann and Queensbury.</p> |  |
| <b><u>New Business</u></b>                                |  |  |
| Warren County Community Services Board Member Nominations | Warren County Community Services Board Member Nominations – Holly Irion-Sweet, LMHC, Counselor, SUNY Adirondack  | <p>Motion: J. Dexter Warren<br/>Second: M. Schmidt<br/>Abstentions: None<br/>Motion carried with unanimous vote</p>  |
| Warren County budget and Contract Amendment               | Request to increase the Warren County 2015 budget and contract for Community, Work and Independence, Inc. (CWI) by \$6516.00, (100%) State Aid – NYS OMH)  | <p>Motion: J. Dexter Warren<br/>Second: M. Homenick<br/>Abstentions: None<br/>Motion carried with unanimous vote</p> |
| Washington County budget and Contract Amendment           | Request to increase the Washington County 2015 budget and contract for Community, Work and Independence, Inc. (CWI) by \$6516.00, (100%) State Aid – NYS OMH)  | <p>Motion: T. DeLorme Wash.<br/>Second: K. Flanagan<br/>Abstentions: None<br/>Motion carried with unanimous vote</p> |

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| 2015 Budget & contract Amendments            | 2% Direct Care COLA request to increase contracts and budgets for Glens Falls Hospital, Liberty House, Association for Mental Health and 820 River Street (see attached table).   | <p>Motion: M. Homenick      Warren<br/> Second: J. Dexter<br/> Abstentions: None<br/> Motion carried with unanimous vote</p> <p>Motion: M. Burke      Wash.<br/> Second: T. DeLorme<br/> Abstentions: None<br/> Motion carried with unanimous vote</p> |
| <b>Informational Items</b>                   |   |  |
| <b>CSB Member Code of Ethics forms</b>       | Code of Ethics forms were handed out and Mr. York asked all the CSB member's present to sign and give to Cindy Wasson   |  |
| <b>2015 Goals/2014 Accomplishments</b>       | R. York talked about the Office of Community Services 2015 Goals and 2014 Accomplishments.  |  |
| <b>2015 – 2016 Executive Budget Proposal</b> | R. York distributed and discussed an abbreviated summary of the 2015-16 Executive Budget Proposal.  |  |
| <b>PEOPLE, Inc. peer services update</b>     | R, York said he was happy to report that PEOPLE, Inc. are becoming operational. They are temporally operating out of space in the Caleo Center basement on Route 4.. The have established a Peer run telephone warm-line and they have hired a House Manager. PEOPLE, Inc. has put a bid on property on Montcalm street in Glens Falls for their Respite house. |  |
| <b>Additional Items</b>                      | <p>Mr. York stated there is a handout on Safe TALK Suicide Prevention Training to be held at Warren County Human Services 3<sup>rd</sup> floor conference room on Wednesday, February 25<sup>th</sup>.</p> <p>There is a handout about CWI and WWAMH teaming up to apply</p>  |  |

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|                                     | for a SUNY Workforce Development Grant recently.<br><br>There is a Post Star article about Local groups getting funding for homeless programs. Lisa Coutu, is the president of the board of the Saratoga-North County Continuum of Care. She will share additional information about this program next month at our CSB meeting. |        |
| <b>Adjournment and next meeting</b> | The meeting was adjourned at 4:40p. The next scheduled meeting of the Community Services Boards will be held at 3p on March 12, 2015 Location TBD..  |        |

Minutes respectfully submitted by Cynthia Wasson, Secretary to the Boards

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